

# August-December 2017 Supper Menu



**Meal Account Info:**  
(925) 473-2419  
[www.pittsburg.k12.ca.us](http://www.pittsburg.k12.ca.us)



PLEASE SCAN WITH SMART PHONE TO VISIT CHILD NUTRITION WEBSITE



Week One Starts August 14, 28 - September 11, 25 - Oct 9, 23 - November 6, 20 - December 4, 18




## SCHOOL MEAL IS THE REAL DEAL - CHILD NUTRITION DEPARTMENT

### WEEK ONE

|   |  |   |  |  |
|---|--|---|--|--|
| <p>Turkey Taco Nada</p> <p> Garden Salad w/Italian Dressing</p> <p> Fresh Apples</p> <p>Milk 8 oz.</p> <p><b>Monday</b></p> | <p>Turkey Ciabatta Sandwich</p> <p> Baby Carrots</p> <p>Peaches</p> <p>Milk 8 oz.</p> <p><b>Tuesday</b></p> | <p>Hotdog on Whole Grain Bun</p> <p>Baked Fries</p> <p>Kiwi Quarter</p> <p>Milk 8 oz.</p> <p><b>Wednesday</b></p> | <p>Orange Chicken over Chow Mein</p> <p>Steamed Broccoli</p> <p>Bananas</p> <p>Milk 8 oz.</p> <p><b>Thursday</b></p> | <p>BBQ Chicken Panini Sandwich</p> <p>Creamy Coleslaw</p> <p> Fresh Seasonal Fruit</p> <p>Milk 8 oz.</p> <p><b>Friday</b></p> |
|---|--|---|--|--|

\*Contains Pork \*\*Contains Peanuts (v) = Vegetarian

### WEEK TWO

|   |  |   |   |  |
|---|--|---|---|--|
| <p>Teriyaki Chicken Naan Bread</p> <p> Garden Salad w/Ranch Dressing</p> <p>Orange Wedges</p> <p>Milk 8 oz.</p> | <p>Chicken Nuggets w/Dinner Roll</p> <p>BBQ Baked Beans</p> <p>Bananas</p> <p>Milk 8 oz.</p> | <p>Chicken Burger Sandwich</p> <p> Baby Carrots</p> <p>Fresh Peaches</p> <p>Milk 8 oz.</p> | <p>Cheese-Filled Breadsticks w/Marinara Sauce</p> <p> Garden Salad w/Italian Dressing</p> <p>Pears</p> <p>Milk 8 oz.</p> | <p>Monte Cristo Sandwich w/Graham Crackers</p> <p>Steamed Green Beans</p> <p>100% Fruit Juice 4oz.</p> <p>Milk 8 oz.</p> |
|---|--|---|---|--|

This menu meets the dietary requirements for calories, fat, saturated fat, iron, calcium, Vitamin A, Vitamin C, cholesterol, sodium and fiber for students in this age group. Menu subject to substitutions.



**LOOK FOR THIS ICON ON YOUR DAILY MENU BOARD TO DISCOVER WHAT THE FEATURED CALIFORNIA FRESH ITEM IS!** Child Nutrition office strives to source 75% of your food from California!

**Payment for school meals may now be made online!** With **MY SCHOOL BUCKS** parents can use a credit card or checking account to make a one-time payment or to set up automatic parents payments to manage their child/children's meal accounts. There is no fee for this service. **PLEASE SCAN WITH SMART PHONE TO VISIT MY SCHOOL BUCKS**



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